

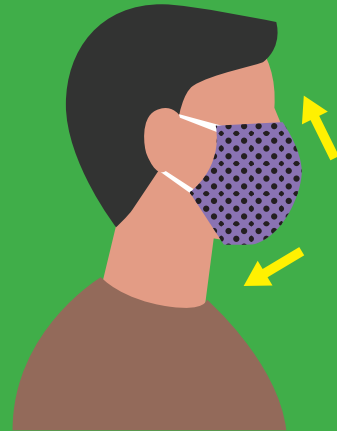
# HOW TO SAFELY WEAR A CLOTH MASK OR FACE COVERING

1



Before putting on the mask, wash your hands & secure hair away from your face.

2



Place the mask snugly over your mouth & nose, making sure there are no gaps.

3



Avoid touching your face & mask while using it. Do not leave the mask on your neck, forehead or hanging from your ear.

4



Change your mask as soon as it gets damp or soiled.

5



Remove the mask without touching the outside of the mask & launder it before wearing again.

6



Wash your hands & clean any surfaces that the dirty mask touches.